

1,008 H 1 Wasserstoff																	4,00 He 2 Helium		
6,94 Li 3 Lithium	9,01 Be 4 Beryllium											10,81 B 5 Bor	12,01 C 6 Kohlenstoff	14,00 N 7 Stickstoff	16,00 O 8 Sauerstoff	19,00 F 9 Fluor	20,18 Ne 10 Neon		
22,99 Na 11 Natrium	24,31 Mg 12 Magnesium											26,89 Al 13 Aluminium	28,09 Si 14 Silicium	30,97 P 15 Phosphor	32,07 S 16 Schwefel	35,45 Cl 17 Chlor	39,94 Ar 18 Argon		
39,10 K 19 Kalium	40,08 Ca 20 Calcium	44,96 Sc 21 Scandium	47,88 Ti 22 Titan	50,94 V 23 Vanadium	52,00 Cr 24 Chrom	54,94 Mn 25 Mangan	55,85 Fe 26 Eisen	58,93 Co 27 Kobalt	58,69 Ni 28 Nickel	63,55 Cu 29 Kupfer	65,37 Zn 30 Zink	69,72 Ga 31 Gallium	72,61 Ge 32 Germanium	74,92 As 33 Arsen	78,96 Se 34 Selen	79,90 Br 35 Brom	83,80 Kr 36 Krypton		
85,47 Rb 37 Rubidium	87,62 Sr 38 Strontium	88,91 Y 39 Yttrium	91,22 Zr 40 Zirkonium	92,91 Nb 41 Niob	95,94 Mo 42 Molybdän	(98,91) Tc 43 Technetium	101,07 Ru 44 Ruthenium	102,91 Rh 45 Rhodium	106,42 Pd 46 Palladium	107,87 Ag 47 Silber	112,41 Cd 48 Cadmium	114,82 In 49 Indium	118,71 Sn 50 Zinn	121,75 Sb 51 Antimon	127,60 Te 52 Tellur	126,90 I 53 Jod	131,29 Xe 54 Xenon		
132,91 Cs 55 Cäsium	137,33 Ba 56 Barium	La-Yb 57 - 70	174,97 Lu 71 Lutetium	178,49 Hf 72 Hafnium	180,95 Ta 73 Tantal	183,85 W 74 Wolfram	186,2 Re 75 Rhenium	190,2 Os 76 Osmium	192,22 Ir 77 Iridium	195,08 Pt 78 Platin	196,97 Au 79 Gold	200,59 Hg 80 Quecksilber	204,38 Tl 81 Thallium	207,2 Pb 82 Blei	208,98 Bi 83 Wismut	(208,98) Po 84 Polonium	(209,99) At 85 Astat	(222,02) Rn 86 Radon	
(223,02) Fr 87 Francium	(226,03) Ra 88 Radium	Ac-No 89 - 102	(260,11) Lr 103 Lawrencium	(261) Rf 104 Rutherfordium	(262) Ha 105 Hahnium														

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Elemente der Lanthanreihe (La-Yb)	138,91 La 57 Lanthan	140,12 Ce 58 Cer	140,91 Pr 59 Praseodymium	144,24 Nd 60 Neodymium	(146,92) Pm 61 Promethium	150,36 Sm 62 Samarium	151,97 Eu 63 Europium	157,25 Gd 64 Gadolinium	158,93 Tb 65 Terbium	162,50 Dy 66 Dysprosium	164,93 Ho 67 Holmium	167,26 Er 68 Erbium	168,93 Tm 69 Thulium	173,04 Yb 70 Ytterbium
Elemente der Actiniumreihe (Ac-No)	(227,03) Ac 89 Actinium	232,04 Th 90 Thorium	(231,04) Pa 91 Protactinium	238,03 U 92 Uran	(237,04) Np 93 Neptunium	(244,06) Pu 94 Plutonium	(243,06) Am 95 Americium	(247,07) Cm 96 Curium	(247,07) Bk 97 Berkelium	(251,08) Cf 98 Californium	(252,08) Es 99 Einsteinium	(257) Fm 100 Fermium	(258) Md 101 Mendelevium	(259,10) No 102 Nobelium